

# IN MY LIFE

What influences an individual's identity changes over their life-course. In this task, you need to identify different factors that might influence a person's identity and self-concept in that particular phase of their life. Remember, that in contemporary society, these influences might not be typical of all individuals, as some sociologists suggest that we have free will to shape our own identity free of social constraints. However, there are some common factors that influence our identity at different stages of our lives.



**Early childhood**



**Childhood**



**Teens**



**Young adults**



**Middle adulthood**



**Old age**

**Consider the impacts of the following social institutions at each stage**



**Family**



**Peers**



**Education**



**Work**



**Media**



**Religion**