

REVISION WORKOUT

DAY 25

MENTAL HEALTH



For each of the activities below, set yourself a timer to complete the activity. Attempt the activities without looking at your notes unless specified.

WARM-UP (5 MINUTES)



OUTLINE THE TRENDS IN MENTAL HEALTH DIAGNOSIES BY SOCIAL CLASS, GENDER, AND ETHNICITY

PICK UP THE PACE (15 MINUTES)



COMPARE AND CONTRAST HOW THE BIOMEDICAL AND SOCIAL MODELS OF HEALTH WOULD DETERMINE IF AN INDIVIDUAL HAS A MENTAL HEALTH ISSUE AND SUGGEST WAYS THESE MODELS MAY APPROACH TREATMENT

HARD SLOG (25 MINUTES)



CREATE A MINDMAP OF THE DIFFERENT RESEARCH INTO THE WAYS THAT PATIENTS WITH MENTAL HEALTH ISSUES ARE TREATED.

SPRINT FINISH (10 MINUTES)



OUTLINE 2 WAYS THAT MENTAL HEALTH CAN BE SEEN BE A SOCIAL CONSTRUCTION

COOL DOWN (5 MINUTES)



REVIEW WORK BY COMPARING WITH TEXT BOOK OR NOTES - ADD IN ANY MISSING BITS OF INFORMATION IN A DIFFERENT COLOUR