

REVISION WORKOUT

DAY 22

DEFINITIONS AND MODELS OF HEALTH



For each of the activities below, set yourself a timer to complete the activity. Attempt the activities without looking at your notes unless specified.

WARM-UP (5 MINUTES)



IDENTIFY AND BRIEFLY EXPLAIN THE DIFFERENCES BETWEEN THE BIOMEDICAL AND SOCIAL MODELS OF HEALTH

PICK UP THE PACE (15 MINUTES)



EXPLAIN HOW DIFFERENT MODELS OF HEALTH LOOK TO TACKLE ILLNESS AND IMPAIRMENT: EXAMINE DIAGNOSIS, SOLUTIONS AND TREATMENTS

HARD SLOG (25 MINUTES)



OUTLINE AND EXPLAIN TWO WAYS THAT DEFINITIONS OF HEALTH AND ILLNESS CAN BE IMPACTED BY THE PROCESS OF GLOBALISATION

SPRINT FINISH (10 MINUTES)



OUTLINE AND EXPLAIN TWO WAYS THAT THE BODY CAN BE SEEN TO BE A SOCIAL CONSTRUCTION

COOL DOWN (5 MINUTES)



REVIEW WORK BY COMPARING WITH TEXT BOOK OR NOTES - ADD IN ANY MISSING BITS OF INFORMATION IN A DIFFERENT COLOUR